



Nebo School District

November 2023 | Park Elementary | Lunch Menu | 23-24 Elementary Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
W6: Monday A	W6: Wednesday	W6: Tuesday A	W6: Thursday A	W6: Friday A
MAIN ENTREE French Toast	MAIN ENTREE	MAIN ENTREE BBQ Pork	MAIN ENTREE Country Fried	MAIN ENTREE Italian Dunkers
Sticks	Pepperoni Pizza Rippers	Sandwich	Beef Steak	(Cheese filled breadsticks)
MAIN ENTREE SIDE			MAIN ENTREE SIDE	VEGETABLE
Sausage Patties			Hawaiian Roll	Marinara Sauce
			CONDIMENTS	
			Country Gravy	
W6: Monday B	W6: Wednesday	W6: Tuesday B	W6: Thursday B	W6: Friday B
MAIN ENTREE		MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
Cheeseburger	MAIN ENTREE	Chicken, nuggets	Corn Dogs	Crispy Chicken Sandwich
	Cheese Sandwich	MAIN ENTREE		Sandwich
	Chef Salad	SIDE		
	Turkey Deli Sandwich	Hawaiian Roll		
W6: Monday Shared	W6: Wednesday Shared	W6: Tuesday Shared	W6: Thursday Shared	W6: Friday Shared
VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE
Tater Tots	Side Salad	Seasoned Black	Mashed Potatoes	Broccoli,

FRUIT Apple Juice Banana Ca Pai MILK 1% Milk Chocolate Milk CONDIMENTS Ketchup Cup Mustard Packets Mayonnaise Packets Ra Cu Shraddad lattuca	getables lery and Grape mato Cup RUIT ndy Corn Fruit rfait nana IILK Milk ocolate Milk ONDIMENTS nch Dressing p	Baby Carrots FRUIT Assorted Fruit Apples, local, Dod Apple, Fuji MILK 1% Milk Chocolate Milk CONDIMENTS Margarine	FRUIT Assorted Fruit Grapes, Red Gala Apple MILK 1% Milk Chocolate Milk CONDIMENTS Margarine Ketchup Cup	Carrot and Celery Sticks FRUIT Assorted Fruit DESSERT Cookie, Candy chip MILK 1% Milk Chocolate Milk
Apple Juice Banana Call MILK 1% Milk Chocolate Milk CONDIMENTS Ketchup Cup Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	RUIT ndy Corn Fruit rfait nana IILK Milk ocolate Milk ONDIMENTS nch Dressing	Assorted Fruit Apples, local, Dod Apple, Fuji MILK 1% Milk Chocolate Milk CONDIMENTS	Grapes, Red Gala Apple MILK 1% Milk Chocolate Milk CONDIMENTS Margarine	FRUIT Assorted Fruit DESSERT Cookie, Candy chip MILK 1% Milk
Banana Ca Pai MILK 1% Milk Chocolate Milk CONDIMENTS Ketchup Cup Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	ndy Corn Fruit rfait nana IILK Milk ocolate Milk ONDIMENTS nch Dressing	Apples, local, Dod Apple, Fuji MILK 1% Milk Chocolate Milk CONDIMENTS	Gala Apple MILK 1% Milk Chocolate Milk CONDIMENTS Margarine	Assorted Fruit DESSERT Cookie, Candy chip MILK 1% Milk
MILK 1% Milk Chocolate Milk Chocolate Milk CONDIMENTS Ketchup Cup Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	rfait nana IILK Milk ocolate Milk ONDIMENTS nch Dressing	Dod Apple, Fuji MILK 1% Milk Chocolate Milk CONDIMENTS	MILK 1% Milk Chocolate Milk CONDIMENTS Margarine	DESSERT Cookie, Candy chip MILK 1% Milk
1% Milk Chocolate Milk CONDIMENTS Ketchup Cup Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	nana IILK Milk ocolate Milk ONDIMENTS nch Dressing	MILK 1% Milk Chocolate Milk CONDIMENTS	1% Milk Chocolate Milk CONDIMENTS Margarine	Cookie, Candy chip MILK 1% Milk
1% Milk Chocolate Milk 1% CONDIMENTS Ketchup Cup Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	MILK 6 Milk cocolate Milk ONDIMENTS nch Dressing	1% Milk Chocolate Milk CONDIMENTS	Chocolate Milk CONDIMENTS Margarine	chip MILK 1% Milk
CONDIMENTS Ketchup Cup Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	o Milk ocolate Milk ONDIMENTS nch Dressing	1% Milk Chocolate Milk CONDIMENTS	CONDIMENTS Margarine	MILK 1% Milk
Ketchup Cup Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	ocolate Milk ONDIMENTS nch Dressing	Chocolate Milk CONDIMENTS	Margarine	1% Milk
Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	ONDIMENTS nch Dressing	CONDIMENTS	Margarine	
Mustard Packets Mayonnaise Packets Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	nch Dressing			Chocolate Milk
Mayonnaise Packets Ra Cu Shredded lettuce Ke Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing	nch Dressing	Margarine	Ketchup Cup	
Shredded lettuce Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing			Mustard Packets	CONDIMENTS
Tomato Slice Syrup Fry Sauce Onion Slice Ranch Dressing		Ranch Dressing	Fry Sauce	Mayonnaise
Syrup Fry Sauce Onion Slice Ranch Dressing	tchup Cup	Cup	Try Sauce	Packets
Fry Sauce Onion Slice Ranch Dressing		Ketchup Cup		Ranch Dressing
Onion Slice Ranch Dressing		Mustard Packets		Cup Tomato Slice
Ranch Dressing		Fry Sauce		Shredded lettuce
				Fry Sauce
Сир				Ketchup Cup
				Mustard Packets
6 7		8	9	10
W1: Monday A W	1: Tuesday A	W1: Wednesday	W1: Thursday A	W1: Friday A
MAIN ENTREE M	IAIN ENTREE	A	MAIN ENTREE	MAIN ENTREE
Mandarin Na Orange Chicken	ichos Supreme	Pepperoni Pizza	Spaghetti Sauce with Meat	Chicken Drumstick
MAIN ENTREE SIDE			MAIN ENTREE SIDE	MAIN ENTREE SIDE

Brown Rice, cooked			Garlic Breadstick Spaghetti Noodles	Hawaiian Roll
			CONDIMENTS	
			Cheese blend	
W1: Monday B	W1: Tuesday B	W1: Wednesday	W1: Thursday B	W1: Friday B
MAIN ENTREE	MAIN ENTREE	В	MAIN ENTREE	MAIN ENTREE
Cheeseburger	Chicken, nuggets	MAIN ENTREE	Corn Dogs	Crispy Chicken Sandwich
	MAIN ENTREE SIDE	Turkey Deli Sandwich		Sandwich
	Roll			
W1: Monday Shared	W1: Tuesday Shared	W1: Wednesday Shared	W1: Thursday Shared	W1: Friday Shared
VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE
Broccoli,	Corn, cooked	Carrots, cooked	Side Salad	Baked Beans
carrot and Celery Sticks	Broccoli and Carrot cup	Celery and Red Pepper Strips	Mixed Vegetables	Potato Wedges
	FRUIT	FRUIT	FRUIT	FRUIT
FRUIT	Assorted Fruit	Assorted Fruit	Assorted Fruit	Assorted Fruit
Assorted Fruit	MILK	DESSERT	MILK	MILK
MILK	1% Milk	Cookie, Sugar	1% Milk	1% Milk
1% Milk	Chocolate Milk	Cookie, Sugai	Chocolate Milk	Chocolate Milk
Chocolate Milk		MILK		CONDIMENTS
CONDIMENTS	CONDIMENTS	1% Milk	CONDIMENTS	Margarine
Mayonnaise	Ranch Dressing Cup	Chocolate Milk	Ketchup Cup Mustard Packets	Shredded lettuce
Packets	Sour Cream pkt	CONDIMENTS	Mustard Packets Fry Sauce	Tomato Slice
Ketchup Cup	Salsa	Ranch Dressing	Try Sauce	Fry Sauce

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Fry Sauce	Margarine	Cup	Ranch Dressing	Ketchup Cup
Ranch Dressing Cup	Ketchup Cup Fry Sauce	Mayonnaise Packets	Cup	Ranch Dressing Cup
Mustard Packets	,	Mustard Packets		BBQ Sauce Cup
Shredded lettuc	e	Shredded lettuce		
Tomato Slice		Tomato Slice		
13	14	15	16	17
W2: Monday A	W2: Tuesday A	W2: Wednesday	W2: Thursday A	W2: Friday A
MAIN ENTREE	MAIN ENTREE		MAIN ENTREE	MAIN ENTREE
Dutch Waffle, WG	Hot Dog with Bun	Pepperoni Pizza	Roast Turkey	Mini Pepperoni Calzones
MAIN ENTREE		Rippers	MAIN ENTREE SIDE	
SIDE	SIDE		Hawaiian Roll	
Trix Yogurt	Baked Cheetos		Stuffing	
W2: Monday B MAIN ENTREE	W2: Tuesday B MAIN ENTREE	W2: Wednesday	W2: Thursday B MAIN ENTREE	W2: Friday B MAIN ENTREE
_	_	MAIN ENTREE		
Cheeseburger	Chicken, nuggets	Cheese Sandwich	Corn Dogs	Crispy Chicken Sandwich
	MAIN ENTREE SIDE	Cheese sanawien		
	Hawaiian Roll			
W2: Monday Shared	W2: Tuesday Shared	W2: Wednesday Shared	W2: Thursday Shared	W2: Friday Shared
VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE	VEGETABLE
Tater Tots	Carrot and	Side Salad	Mashed Potatoes	Broccoli,
Cucumber and	Celery Sticks	Peas and Carrots	Green Beans	steamed
Red Pepper Cup	Seasoned Black Beans	FRUIT	FRUIT	Side Salad
FRUIT	FRUIT	Assorted Fruit	Assorted Fruit	FRUIT

Apple Juice	Assorted Fruit	MILK	DESSERT	Assorted Fruit
MILK	MILK	1% Milk	Cookie, Pumpkin Chocolate Chip	MILK
1% Milk	1% Milk	Chocolate Milk	_	1% Milk
Chocolate Milk	Chocolate Milk	CONDIMENTS	MILK	Chocolate Milk
CONDIMENTS	CONDIMENTS	Ranch Dressing Cup	1% Milk Chocolate Milk	CONDIMENTS
Mayonnaise Packets	Margarine Ranch Dressing	Ketchup Cup	CONDIMENTS	Ranch Dressing Cup
Shredded lettuce	Cup		Margarine	BBQ Sauce Cup
Tomato Slice	BBQ Sauce Cup		Ketchup Cup	Ketchup Cup
Ketchup Cup	Ketchup Cup		Fry Sauce	Mustard Packets
Mustard Packets	Fry Sauce		Mustard Packets	Mayonnaise Packets
Fry Sauce			Chicken Gravy	Shredded lettuce
Syrup				Tomato Slice
Ranch Dressing Cup				Tomaco Sileo
Sliced onion				
20	21	22	23	24
W3: Monday A	W3: Tuesday A	Thanksgiving Break	Thanksgiving Day	Thanksgiving Break
MAIN ENTREE	MAIN ENTREE			
Sweet and Sour Chicken	Pepperoni Pizza			
MAIN ENTREE SIDE				
Brown Rice, cooked				
W3: Monday B	W3: Tuesday B			
MAIN ENTREE	MAIN ENTREE			
Cheeseburger	Chicken, nuggets			

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	Hawaiian Roll			
W3: Monday Shared	W3: Tuesday Shared			
VEGETABLE	VEGETABLE			
Broccoli,	Corn, cooked			
steamed	Refried Beans			
Carrot and Celery Sticks	FRUIT			
FRUIT	Assorted Fruit			
Assorted Fruit	DESSERT			
MILK	Cookie, Sugar			
1% Milk	MILK			
Chocolate Milk	1% Milk			
CONDIMENTS	Chocolate Milk			
Shredded lettuce	CONDIMENTS			
Tomato Slice	Salsa			
Mayonnaise Packets	Sour Cream pkt			
Ketchup Cup	Shredded lettuce			
Mustard Packets	Margarine			
Fry Sauce				
Sliced onion				
27	28	29	30	1
W4: Monday A	W4: Tuesday A	W4: Wednesday	W4: Thursday A	
MAIN ENTREE	MAIN ENTREE	A MAIN ENTREE	MAIN ENTREE	

Nebo Griddle Sandwich	Taco Soup	Cheese Pizza	BBQ Chicken Drumstick
	MAIN ENTREE SIDE		MAIN ENTREE
	Tortilla Chips		SIDE Hawaiian Roll
	CONDIMENTS		
	Cheese blend		
W4: Monday B	W4: Tuesday B	W4: Wednesday	W4: Thursday B
MAIN ENTREE	MAIN ENTREE	В	MAIN ENTREE
Cheeseburger	Chicken, nuggets	MAIN ENTREE	Corn Dogs
	MAIN ENTREE SIDE	Turkey Deli Sandwich	
	Hawaiian Roll		
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W4: Monday	W4: Tuesday	W4: Wednesday	W4: Thursday
W4: Monday Shared	Shared	Shared	Shared
	,		
Shared	Shared	Shared VEGETABLE Side Salad	Shared
Shared VEGETABLE Cucumber and	Shared VEGETABLE Celery and Grape	Shared VEGETABLE Side Salad Baked Beans	Shared VEGETABLE Cheesy Mashed
Shared VEGETABLE Cucumber and Red Pepper Cup	VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables	Shared VEGETABLE Side Salad Baked Beans FRUIT	Shared VEGETABLE Cheesy Mashed Potatoes
Shared VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT Berry/Fruit	Shared VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables FRUIT	Shared VEGETABLE Side Salad Baked Beans	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots
Shared VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT	VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables	Shared VEGETABLE Side Salad Baked Beans FRUIT	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots FRUIT Assorted Fruit
Shared VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT Berry/Fruit	Shared VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables FRUIT	Shared VEGETABLE Side Salad Baked Beans FRUIT Assorted Fruit	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots FRUIT Assorted Fruit MILK
Shared VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT Berry/Fruit Punch Juice	Shared VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables FRUIT Assorted Fruit	Shared VEGETABLE Side Salad Baked Beans FRUIT Assorted Fruit MILK	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots FRUIT Assorted Fruit MILK 1% Milk
Shared VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT Berry/Fruit Punch Juice MILK	VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables FRUIT Assorted Fruit DESSERT	Shared VEGETABLE Side Salad Baked Beans FRUIT Assorted Fruit MILK 1% Milk	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots FRUIT Assorted Fruit MILK
VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT Berry/Fruit Punch Juice MILK 1% Milk Chocolate Milk	Shared VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables FRUIT Assorted Fruit DESSERT Creamies,	Shared VEGETABLE Side Salad Baked Beans FRUIT Assorted Fruit MILK 1% Milk Chocolate Milk CONDIMENTS	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots FRUIT Assorted Fruit MILK 1% Milk
Shared VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT Berry/Fruit Punch Juice MILK 1% Milk Chocolate Milk CONDIMENTS	Shared VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables FRUIT Assorted Fruit DESSERT Creamies, Chocolate	Shared VEGETABLE Side Salad Baked Beans FRUIT Assorted Fruit MILK 1% Milk Chocolate Milk	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots FRUIT Assorted Fruit MILK 1% Milk Chocolate Milk
VEGETABLE Cucumber and Red Pepper Cup Potato Wedges FRUIT Berry/Fruit Punch Juice MILK 1% Milk Chocolate Milk	Shared VEGETABLE Celery and Grape Tomato Cup Mixed Vegetables FRUIT Assorted Fruit DESSERT Creamies, Chocolate MILK	Shared VEGETABLE Side Salad Baked Beans FRUIT Assorted Fruit MILK 1% Milk Chocolate Milk CONDIMENTS Ranch Dressing	Shared VEGETABLE Cheesy Mashed Potatoes Baby Carrots FRUIT Assorted Fruit MILK 1% Milk Chocolate Milk CONDIMENTS

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Mustard Packets	CONDIMENTS	Packets	Fry Sauce	
Mayonnaise	Ranch Dressing	Mustard Packets	Margarine	
Packets	Cup	Tomato Slice	Ranch Dressing	
Shredded lettuce	Margarine	Shredded lettuce	Cup	
Tomato Slice	Ketchup Cup			
Onion Slice	Fry Sauce			
Syrup				

This institution is an equal opportunity provider.